



# CHIPPEWA COUNTY HEALTH DEPARTMENT

508 Ashmun, Suite 120  
Sault Ste. Marie, Michigan 49783  
[www.chippewahd.com](http://www.chippewahd.com)

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## MEDIA RELEASE

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### Chippewa County Health Department's COVID-19 UPDATE

CHIPPEWA County, Michigan – Presently, there are no known cases of COVID-19 in Michigan or specifically, Chippewa County.

Chippewa County Health Department (CCHD) respects each individual organization's decisions about closure, postponement of activities, or other social distancing measures – as each organization knows the needs of its community best. According to CCHD Medical Director, Joseph M. Garlinghouse, M.D., "Any unnecessary closures at this time may increase undue anxiety. We want the public to refer to credible sources for guidelines regarding health and safety and social distancing."

At this time, CCHD believes there is a low risk of contracting COVID-19. Individuals should:

- Wash their hands for 20 seconds with soap and water, especially immediately after coughing, sneezing, or blowing their nose.
- Avoid touching their face with unwashed hands.
- Clean surfaces that are touched frequently with an EPA-approved cleaner.
- When returning from a country with widespread, sustained transmission of COVID-19, stay home and self-monitor for symptoms for 14 days. Keep distance with other people (social distancing).
- When sick with fever, cough, or difficulty breathing or trouble breathing seek medical care and **call ahead** before going to a doctor's office or emergency room.
- Do not travel while sick.
- Cover their mouth and nose with a tissue or their sleeve (not their hands) when coughing or sneezing.



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If you have questions, please seek accurate information. Information on the COVID-19 outbreak is changing rapidly. For the latest information, please refer to [www.michigan.gov/coronavirus](http://www.michigan.gov/coronavirus) and [www.cdc.gov/coronavirus.com](http://www.cdc.gov/coronavirus.com). Local updates will be provided as needed.

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